

Islamic Notebook

1. A mantle BILLAHI KAMA HUWA

BIS MAREHEEN ALKHAIR

2. The hand on the left placed over
chest say Subhanak-alla humma
wa bi-hamdanaka wa kubarakatuka
wa ta'ala jaluka wa la ilaha illa anta

3. A note

Salat The Prophet Muhammad

Bordered by the right hand tradition of the prophets from Muhammad about God

Or making Salat

- 1 Hand up to ear - Allahu Akbar
- 2 Right hand over left placed over chest say: Sub-hanna-alla-humma wa bi-hamdi-ka wa ta-baraka mukan wa ta'ala jaduka wa ta'ala ha ghairuka

3 It 0020

4 B. idgement

Salat is the cause of Allah's pleasure
is loved by the angels is a tradition of the
prophets gives enlightenment about God
causes prayers to be granted blesses the
daily bread is the root of iman
refreshes the body,
is the light in the darkness + Companion
in the loneliness at the grave,
is a reply to the question of angels
is shade against the sun on the day of
Judgement
is a protection against the fire of Hell
is a weight for the scales of good deeds
is a means of swift crossing over Bait
and is a key to Paradise.

[Faint, illegible handwriting, possibly bleed-through from the reverse side of the page]

Joe
Personell

Moore
Boals
OBS

5

Points

- To improve St. decision-making skills
- To increase students' (factual) knowledge about drugs and alcohol
- To enhance a student's ability to clarify their values
- To affect the student's attitude toward personal consumption of drug and alcohol
- To alter the student's drug use behavior
- To improve the student's self-concept
- To increase student participation in behavioral alternatives to drug and alcohol use

10/11/11
10/11/11
10/11/11

Goals

Do you deal with alcohol? Why?
Is the Drug & Alcohol abuse problem
a political, social, economic?

The problem of drug and alcohol abuse
is political when **I** become with
drugs is a means to keep ethnic groups
(propaganda)

Name &
address

Occupational
Objective

Experience
Highlights

Dates

↓

Educational

Personal Interests

9/64 - 2/67
Bright Hope HeadStart
Richmond, Va.

This was a headstart program
devoted to early childhood
development.

Teacher's aide:

Work with 3 to 4 year
olders. Help plan recreation
and educational activities.

Visit homes, ~~to observe~~^{to observe}
the children in their home
life situation, and to establish
a better parent-teacher relation-
ship

participated in workshops
center around early childhood
education.

Tona Y. Daniel

3238 N. Stillman St

Phila, Pa. 19129

Telephone 229-0133

Occupationally A position with a
Objective } Social work Agency where
end at the same time } my varied experience with
train and develop } ~~the~~ youth in the community
for larger urban } can be put to use on
assignments. } urban assignment

Experience Highlights:

George Washington Carver

Community Center

White Plains, N.Y.

This was a community organization,
devoted mostly to the improvement
of ~~youth's~~ ^{adolescents} problems as well as a full
range of ~~diagnostic categories~~ ^{adults' socio-economic}
problems,

1967 to Youth Organizer:

1970 Worked with groups, helping
the youth to benefit from group

activities, helping them to understand themselves, and others, and to develop a sense of responsibility ~~to them~~ - -

Continuously planned conducted leisure-time programs and education activities for the youth, ~~as well as adults~~

Visit homes to establish relationship with parents of the youth, and to understand how their problems directly affect the well-being of the youth.

Participated in ~~o~~ Drug related workshops with the purpose being - - -

Prag I Discuss - after me problems with director or supervisor so that he could gain a better understanding the youth socio-economic problem

9/10 to

4/74

New Rochelle Ferrant's Association

63 ~~St~~

New Rochelle, ~~NY~~ N.Y.

97-74 to Institute of Afr: Law Learning

4/76

2001 W Columbia Ave
Phila, Pa. 19121

Information on Institute:

Assist Teacher in early Childhood Ed. -

Taught 4: five year olds in
the area of - - - - -

planned education and ^{creational} ~~recreational~~
activities for the children.

participated in Community workshop

Education: High School St. - at
Richmond High, Richmond Va. 1964

Personal interest: Community Affairs;
working with teenagers - ~~member~~ member of the
ofcon Learning Center.

outside activities: Sewing and Dancing
Creative Writing -

Personal Data

Single, 3 children Height: 5'8" weight 110
Good Health. Lost Physical 1977

References: Personal reference available
on Request:

AF

~~AF~~

Life And Time

People places me

from the womb of my mother

Small town girl Afrika princess

Country girl happy and gay

Big spin high voice - Ethiopia Queen

ya old Ethiopia mama

would say

Didn't quite know what she meant
them days jest ~~that~~ thought it

was mama funny old way
Always

To my husband,

Each day the pain of loneliness for you grows deeper & deeper.

Each time visit you. I have this desire to crash that glass into just to touch you if only for a moment. These swine must have a thing for imprisonment. I think of how they even take the animals from the jungle and imprison them for amusement.

Mon:
1:15 PM.

Another weekend, another day, another Tues. I'll have to sit and talk to you behind that small glass.

The vowel sounds Arabic

Arabic

Fatha = A sound 1

Kasra = E sound 1, 9

Dhurat = U " 1

1
Alif fatha - A

Alif Kasra - AE

BA " BA

BA " BE

TA " TA

TA " TE

THA " THE

THA " THE

Jeen " JA

Jeen " JE

HA " HA

HA " HE

CA " CA

KHA " KE

Dal " DA

Dal " DE

Dha " DA

Dha " DE

Ra " RA

Za " ZA

1. Allah - God
2. Muslim - one who submits
3. Kalimat - la il-ha il-la-ha
4. iman moosmal - Faith in brief
5. Iman moosmal - Faith in details
6. Salat - prayer
7. Shirk - praises of Allah - 33 times
8. Fard - Allah ordains
9. Sunna - way of the prophet
10. Hadith - Traditions of what the prophet had done
11. Kitab - The book (Quran)
12. Wudhu - Ablution - washing of those parts that are exposed.
13. Ghusl - Shower or Bathing of the whole body

Faith in Detail

I have solemnly believed in
Allah,

in His books, in His Prophets,

in the Day of Judgement,

in the degree of good and evil

and in the life after death.

Iman Mo fas-sal

ā manto bi l Tahi

wa māta ee kati hēe

wa koto bi hēe wa roso li hēe.

wal yow mil ā khiri wal

QADRI. khy-ri HEE wa Shar-ri

HEE minal-ur Hi TA-A-ur wal

Ba Thi BA DAL mowT

(Salat) Prayer Chart

	S	F	S	
1. Fajr	2	2		5:15 AM - 6:00 AM
2. Dzu	4	4	2	12:30 PM - 3:30 PM
3. Asr	4	4	-	3:45 PM - 5:45 PM
4. Maghrib	0	3	2	6:00 PM - 6:45 PM
5. Isha	4	4	2	7:15 PM - before 12:00 AM

Kati'HA - opening -
 Bis Mila'HA Kir-RAH MA Mir RA-
 hee m
 Alhamdu lillahil Rab-bil 'alameen
 Ar-Rahman-il-Rahim, maliki yaum'id-
 deen, iyyakt nabudu wa iyyaka nas ta-
 'een; ihdinas-siratal mustaqeema Sirat-
 Alla-zeena an anta alai-him qhairil
 maghdooki, alai-him wal-lad-dalleen.
 Ameen.

Iman Moojmal Faith In Brief

Ā man to bil ta hi kāmā
howa

bi as mā e-ḥee wa si fa
ti-ḥee

wa ga bil-to ja-mi-a ahka-
mi hi

wa ar-ka-nih

Iqamat

Allahu Akbar (2 times)

Ask-do-illa ilaha-illaha

Ashd Anna Muhammadan Rosulallah

Haya-lil-sala (come to prayer)

Haya lil Sala (come to success)

K- Come to Salat

Allahu Akbar (2 times)

la ilaha illaha

Astaghfiru-llah

I seek the protection OF Allah

In-shā-Allah

IF it please Allah

mā shā a-llah

it is as Allah has please

Jazā-ka-llah

may Allah reward thee

Baraka-llāh

may Allah Bless you

shaku

Thank you

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Ash-ha du an Ta .i-ta-ha

il-lal-Lā ho

Ash-hadu anna Muhammador
ra sū - lul - lāh

a ouzoo bil la hi min a sha tan

Bis-mil-tā hir Rah-mān
nir-rahēm